

# Application Form

All courses are subsidised by Lisburn & Castlereagh City Council, Community Sports Development.  
Book online at:

[www.leisureplexonline.com/onlinebooking](http://www.leisureplexonline.com/onlinebooking)

Or please make cheques payable to **Lisburn & Castlereagh City Council** and return to:  
**Sports Development, Lagan Valley LeisurePlex, 18 Lisburn Leisure Park, Lisburn, BT28 1LP.**

Name of Course(s):

Name:

Age:

Address:

  
  

Post Code:

Tel:

Mobile:

Email:

School/Club:

Any special circumstances eg.  
Diabetes, Asthma etc:

  
  

If you do not wish your photograph to be taken during the course(s), please tick:

### DATA PROTECTION ACT 1998

Lisburn & Castlereagh City Council collects data on this form for the purpose of course registration. The data collected may also be used for the purpose of notification of future events and courses run in conjunction with the Council. If you do not wish your personal data to be used for this purpose, please tick the box:

## Community Sports Development

# Training Courses for

# Sports Clubs & Coaches

## 2019-20



**LCCC**  
Lisburn &  
Castlereagh  
City Council

For further information, please contact the  
**Sports Development Team** Tel: **028 9250 9461**  
Email: [Matthew.McConnell@lisburncastlereagh.gov.uk](mailto:Matthew.McConnell@lisburncastlereagh.gov.uk)  
[www.lisburncastlereagh.gov.uk](http://www.lisburncastlereagh.gov.uk)

# Training Courses for Sports Clubs & Coaches **Timetable 2019/20**

## Safeguarding Children & Young People in Sport

Date: 30 September 2019  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £15

## Managing Bullying Behaviour in Sports Clubs

Date: 4 November 2019  
Venue: Lough Moss Leisure Centre  
Time: 19:00 - 22:00  
Cost: £10

## First Aid in Sport

Date: 27 January 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £25

## First Aid in Sport

Date: 2 March 2020  
Venue: Lagan Valley LeisurePlex  
Time: 18:00 - 22:00  
Cost: £25

## First Aid in Sport

Date: 7 October 2019  
Venue: Lagan Valley LeisurePlex  
Time: 18:00 - 22:00  
Cost: £25

## Safeguarding Children & Young People in Sport

Date: 11 November 2019  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £15

## Sports Mind-Set Master Class in Sports Psychology

Date: 3 February 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 21:00  
Cost: £10

## Inclusive Games (Catering for People with Disabilities)

Date: 9 March 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £10

## Strength & Conditioning

Date: 14 October 2019  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £10

## First Aid in Sport

Date: 18 November 2019  
Venue: Lough Moss Leisure Centre  
Time: 18:00 - 22:00  
Cost: £25

## Children's Designated Officer Training

Date: 10 February 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £15

## Sports Performance Analysis

Date: 23 March 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £10

## Safeguarding Children & Young People in Sport

Date: 21 October 2019  
Venue: Lough Moss Leisure Centre  
Time: 19:00 - 22:00  
Cost: £15

## Good Club Governance (Sport Leaders)\*

Date: 25 November 2019  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: FREE

## Sports Nutrition for Performance

Date: 17 February 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 21:00  
Cost: £10

## Safeguarding Children & Young People in Sport

Date: 6 April 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £15

## Defibrillator Training

Date: 28 October 2019  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £10

## Safeguarding Children & Young People in Sport

Date: 20 January 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £15

## Safeguarding Children & Young People in Sport

Date: 24 February 2020  
Venue: Lagan Valley LeisurePlex  
Time: 19:00 - 22:00  
Cost: £15

**Limited number of places available.**